



*De Colores*

# Upcoming Weekends

## *Men's 2017*

Sept. 21 - Sept. 24

*Jesuit Retreat Center*

1050 Boole Rd

Applegate, California

## *Women's 2018*

April 26 - 29

*Jesuit Retreat Center*

1050 Boole Rd

Applegate, California

### **For Online Information & Registration**

<http://www.sacramentocursillo.org>

Sponsors; to register your candidates

by mail contact our

Precursillo Chair

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# Cursillo

*A three-day course in Christianity*

*Deepen your walk with*

*Christ*

*Through Cursillo*



*The Cursillo movement and its method are highly encouraged by the Catholic Church.*

## *Where did Cursillo Originate?*

Cursillo is pronounced KUR SEE O.

The movement began in Mallorca Spain in the 1940's with a goal to reenergize people's faith life in the church. The team formulated a "method" they called "*Cursillo de Cristiandad*" (short course in Christianity).

Cursillo came to the United States in 1957 and was introduced to Sacramento in 1961. It continues with the blessing of the Pope and our local Bishop.

In Sacramento, weekends are offered in several languages.

# Cursillo

*A three-day course in Christianity*

## *How to begin?*

Every candidate must have a sponsor who is active in Cursillo. The sponsor can answer most questions and is responsible for preparing the candidate for the weekend.

The sponsor also helps to establish the candidate into a Group Reunion and Ultreya. If a candidate needs assistance finding a sponsor they should contact their parish representative. For a complete list of parish representatives visit the web site listed on the back of this brochure.

## *Who should make a weekend?*

The weekend is intended for those who:

- Wish to deepen their relationship with Christ,
- Desire to live their faith daily,
- Want to share their faith with confidence,
- Yearn for a faithful community of supporters.



## *Christ's Promise:*

*Matthew 18:20 - For where two or three are gathered together in my name, there am I in the midst of them.*

## *During The Weekend*

The atmosphere of the three days is one of joy, grace and reflection. The beds are soft and the food is professionally prepared.

The weekend begins on Thursday evening and ends around supper time on Sunday. Mass is celebrated daily. There are 5 talks each day followed by discussion, singing, joking, laughter and spontaneous informal prayer.

During the weekend candidates reflect on who they are and what is important to them.

## *After The Weekend*

Attendees are encouraged to continue expanding their own prayer life and to become more active apostles with and for Christ.

### *It Continues by Sharing*

Cursillo provides a two-part method to help sustain and nurture the lessons of the weekend.

**Group Reunions:** Informal gatherings of 3-6 people who meet regularly to share their faith and support each other in their spiritual life.

**Ultreya:** Gatherings of Group Reunions. They come together share experiences, pray together, and socialize. Ultreya also serves as a place to find a new group reunion.

## *Cursillo's Evangelization Method:*

*Make a Friend*

*Be a Friend*

*Bring a Friend to Christ*



## *Who should not make a weekend?*

Cursillo provides us with the opportunity to grow. It is not meant to solve problems which exist within us or with the relationships we have with other individuals.

The sacraments are an important foundation of the weekend. Those who are not able to fully partake might want to postpone until a better time.

The weekend is intense. Persons recently divorced, grieving a loss or suffering in any way will want to wait for a less stressful time.

The weekend is not a substitute for Faith Formation. The weekend is wholly and fully Catholic but it does not include background on the catechism, dogma or traditions of our faith.

We also observe a minimum age of 21 in order to fulfill the mission of the weekend without having to judge a young person's maturity level.